Kidney, Renal Tubule – Accumulation, Hyaline Droplet
Figure Legend: Figure 1 Kidney, Renal tubule - Hyaline droplets in a male F344/N rat from a subchronic study. Normal-appearing small hyaline droplets are present in renal tubule epithelial cells. Figure 2 Kidney, Renal tubule - Hyaline droplets in a male rat from a subchronic study. The cytoplasmic staining pattern of normal hyaline droplets is presented (Mallory-Heidenhain stain). Figure 3 Kidney, Renal tubule - Hyaline droplets in a male F344/N rat from a subchronic study (higher magnification of Figure 2). Several droplet-congested, normal, renal tubule epithelial cells are shown (Mallory-Heidenhain stain). Figure 4 Kidney, Renal tubule - Accumulation, Hyaline droplet in a male F344/N rat from a subchronic study. Increased number and size of hyaline droplets associated with chemically induced increase in alpha 2u-globulin. Figure 5 Kidney, Renal tubule - Accumulation, Hyaline droplets in a male F344/N rat from a subchronic study. The appearance of enlarged and crystalline-shaped droplets is associated with chemically induced increase in alpha 2u-globulin (Mallory-Heidenhain stain). Figure 6 Kidney, Renal tubule - Accumulation, Hyaline droplets in a B6C3F1 mouse in a subchronic study. Hyaline droplets are associated with histiocytic sarcoma.

Comment: Hyaline droplets are eosinophilic homogeneous cytoplasmic droplets that are normally present in the P2 segment of proximal tubule epithelia of young, mature male rats. The droplets represent alpha 2u-globulin sequestered in secondary lysosomes (Figure 1), and selective staining with Mallory-Heidenhain enhances their visibility and cytoplasmic distribution (Figure 2 and Figure 3). “Hyaline droplet accumulation” may be used as a diagnostic term to describe other morphologically similar eosinophilic droplets in male and female rodents. Normally, renal tubule epithelial cells of female rats and male and female mice do not have hyaline droplets. Alpha 2u-globulin nephropathy comprises a male-rat-specific syndrome that results in a morphologically variable spectrum of lesions that generally includes the presence of hyaline droplets, degeneration/necrosis and regeneration of tubule epithelial cells, and the presence of granular casts in the outer medulla in subchronic studies. In chronic studies, exacerbation of chronic progressive nephropathy and linear papillary mineralization are generally observed. Male NBR rats do not develop alpha 2u-globulin nephropathy and are used as negative controls in toxicology studies of chemicals suspected to induce this syndrome. In alpha 2u-globulin nephropathy, hyaline droplets increase in number, and their morphology may change from spherical to crystalloid polyangular shape (Figure 4). In addition, Mallory-Heidenhain staining shows that as the number of droplets increases and their morphology changes, the normal cytoplasmic
distribution of the hyaline droplets becomes altered (Figure 5). Hyaline droplets are usually not present in chronic studies. Pathologists must be aware that the presence of hyaline droplets may not always indicate the presence of alpha 2u-globulin nephropathy since other conditions such as tumor-bearing animals may have hyaline droplets. This is particularly true with histiocytic sarcoma in mice and rats.

**Recommendation:** Since the presence of hyaline droplets is a normal occurrence in younger male rats, the diagnosis of hyaline droplet accumulation in male rats in subchronic studies should be reserved for those cases in which there is an increase in the number of hyaline droplets relative to controls. In female rats, and male and female mice, hyaline droplet accumulation should be diagnosed whenever hyaline droplets are present. Hyaline droplet accumulation should be graded whenever it is diagnosed. Other changes seen concurrently and in association with hyaline droplet accumulation (e.g., granular cast formation, degeneration/necrosis of epithelial cells) should be diagnosed separately. The suspected pathogenesis (e.g., increased alpha 2U-globulin, association with neoplasia) should be discussed in the pathology narrative.

**References:**


Hard GC. 2008. Some aids to histological recognition of hyaline droplet nephropathy in ninety-day toxicity studies. Toxicol Pathol 36:1014-1017. Full-text: [http://tpx.sagepub.com/content/36/7/1014.full](http://tpx.sagepub.com/content/36/7/1014.full)

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