

Personal information is redacted

January 8, 2015

See also: A biochemist's personal experience with lead and fluoride in drinking water. <https://www.facebook.com/groups/fluoridefreealaska/>

I am fluoride poisoned! Worst than most I guess. A short review of my health history:

[Redacted]

high exposure to gaseous fluorine compounds in basement of Washington, DC water treatment plant where fluoridation chemical were added. I was in the basement collecting samples from experimental lead pipes.[Redacted]

Nearby glass windows fogged up from HF etc fumes and their metal frames corroded and glass panes fell out and broke. Yet I never suspected the serious consequences to my health from what now I see as obvious fluorine exposure. The plant management was beginning to lock certain areas and give employees timed exposure passes to secured areas. I just didn't realize then why. They told us this was a security issue-- The area of the plant where the experimental lead pipes were located was rarely visited by other staff members, yet I was there for 3 hours a day for a year.

[Redacted]

[Redacted]

Now 30 months avoiding fluoridated water and other fluoride sources, I am slowly feeling better. [Redacted]

In fact, the reason I suspected I was fluoride poisoning was because I know as a biochemist the similarity of iodine and fluorine chemistry and if [Redacted]

The medical profession over my whole life was inclined to treat all the separate symptoms and not analyze the big picture. Their approach is surgery and drugs! A new understanding is dawning that our health is being silently and slowly destroyed by environmental and pharmaceutical toxins and poor nutrition and we

are oblivious to that fact. The fruit of lifelong fluoride consumption is serious and painful collapse of health when bones and endocrine system are exhausted in its ability to absorb toxic fluorides. My water treatment exposure pushed me ahead of my contemporaries in this process. [Redacted]

My observation is the ability to defend against fluoride poisoning is less each successive generation and also lessened with the earlier in life one is exposed and the length of years exposed. We must continue to fight the poisoning of fluorides.

Where are the studies of the safety of long term fluoride consumption? Any studies to women over 60? Infants on formula? Kidney patients? Water treatment plant workers? thyroid patients? Please carefully study fluoride ingestion and accumulation. My experiences [Redacted] will be repeated millions of times based on the number of US citizens exposed to ever increasing fluoride ingestion. Please connect the dots for the American public that is slowly being poisoned without being aware.

Sincerely,
Susan Kanen
[Redacted]

January 12, 2016
Added comments:

I realize comments are close but please direct this recent article on skeletal fluorosis symptoms in India [Redacted] :

<http://m.timesofindia.com/city/varanasi/Stir-against-pollution-in-Sonbhadra-districts-Singarauli-area/articleshow/50548299.cms>

Bihari Dhangar of fluoride affected Rohaniya Damer village of the area is bedridden as he could not move due to skeletal fluorosis. Like him many others including children of the village suffer from fluoride toxicity that includes dental fluorosis, skeletal fluorosis, depressed activity of thyroid, disruption. Ingestion of low doses of fluoride (0.2 - 0.3 ppm) causes gastrointestinal discomfort and interferes with bone formation and leads to increases in wrist and hip fractures. Skeletal fluorosis is endemic and causes irritable bowel symptoms and joint pain.